



Lead from Within

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Overview

This curriculum outlines the 12 instructional units delivered over 21 weekly sessions as part of the Resurgence Leadership program—a five-month leadership development course designed for real-world application. Participants engage in weekly workshops, paired with one-on-one coaching, to build practical skills in communication, teamwork, problem-solving, and emotional intelligence while developing leadership identity and personal effectiveness.

Successful completion of the program earns participants the **Fundamentals of Leadership Certificate**, recognizing their growth, applied leadership skills, and readiness to lead with confidence and purpose.

Topics Include:

Introduction to Leadership Development and Personal Vision Setting

Growth Mindset and Self-Awareness in Leadership

Active Listening and Constructive Feedback

Values Clarification and Personal Integrity

Ethical Decision-Making and Responsible Leadership

Communication and Conflict Resolution

Empathy and Emotional Intelligence

Team Dynamics and Collaboration

Self-Confidence, Resilience, and Adaptive Leadership

Problem-Solving and Structured Planning Techniques

Drama and TED Triangles: Navigating Relational Dynamics

Leadership Reflection and Applied Workshop

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